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# **Buch-Information**

Autoren: Primitivo Roig

Titel: Slow and Grow

#### **Kurztext:**

Today, there is much talk of being disruptive in life and business, of interrupting the status quo or of reinventing the rules. This two-volume book describes a different approach to dentistry by using the author's signature SLOW method to effectively GROW your practice and your enjoyment of the profession. The focus is on maintaining effective personal relationships in a world of marketing and digital communication, where it is often necessary to compete for the patient's attention. The book offers a vision of doing more with less, prioritizing quality, and enjoying the emotional bond with the patient as well as the dental team. It discusses methods to compete successfully in a global market and find greater fulfillment in dentistry and in general by optimizing personal human connections.

#### **Contents**

Volume 1 - The Philosophy

The Slow Movement: Applications in Dentistry

How It All Started

- Mass Economy
- The Harried Dentist
- The Cult of Calmness
- · A Change of Focus in Education
- Practical Applications of the Slow Movement
- Slow Medicine
- Slow Dentistry

## The Slow Approach

- A Revolution in Concept
- · What, Why, How, and What For
- · Focus on the Patient
- · From Philosophy to Method
- Basic Principles
- Advantages for Professionals
- Advantages for Patients

#### The Importance of Balance

- · More vs. Less
- Balanced Quality
- · Fast vs. Slow
- Complete Dentistry
- Patient Profiles
- · For the Responsible Use of Technology
- The Value of Prevention
- · Natural Teeth vs. Implants
- · Overtreatment vs. Undertreatment

## Living and Practicing Slow

- Setting an Example
- · A Game Plan
- Personal Organization
- Ultra-productivity
- The Competition
- A Value Proposition Formula
- Achieving Success

**Volume 2 - The Method** 

#### The Dental Clinic: Practice Management

**Dental Practice Management** 

- The Importance of Management
- Management Functions
- · A Change in Mindset
- Vision, Mission, and Values
- · Business Ethics in Dentistry
- Market Study
- Demand Analysis

#### **Basic Finances**

- Creating an Objective Plan
- The Business Plan
- Information Management
- Organizing the Schedule
- Factors that Influence Time Management
- The Concept of "Total Quality"
- Non-Quality Costs

#### **Dental Practice Management**

- Profitability
- Purchases and Investments
- Account Management
- Costs
- · Financial Budget
- · Establishing Fees

#### **Dental Practice Marketing**

- Internal and External Marketing
- Brand Value
- The Practice as a Marketing Element
- The Marketing Mix
- Advertising
- The Website
- Engagement in Social Networks

#### The Dentist as Leader: Leadership and Teamwork

## Management Skills for Dentists

- The Practice Director
- The Basic Functions of the Business Person
- Basic Qualities and Functions
- · Leadership vs. Management
- Personal Organization
- Power vs. Authority

# **Human Resources Management**

- The Value of People
- Team Selection and Training
- Chain of Command
- Employee Duties
- Company Handbook
- Conduct Codes

## Creating a Successful Team

- Emotional Intelligence
- A Positive Attitude
- The Value of Talent
- · Make Your Team Loyal
- · Happiness in the Workplace
- Reaching Objectives

#### Teamwork

- The Basic Principles of Teamwork
- Empowerment
- Internal Communication
- Staff Meetings
- Conflict Resolution
- Team Maturity

## Patients: Satisfaction and Loyalty

#### **Patient Services**

- Patient or Client?
- Purchasing Dental Services
- Elements of Communication
- · Communication Barriers
- · Communicate Successfully
- Phases in the Consumption Process
- Patient Services

#### **Initial Consultation**

- First Impressions
- ABC1 Protocol
- The Last Visit
- Diagnostic Value
- Treatment Plan
- Treatment Proposal
- · Selling Without Actually Trying to
- Visual Aids
- The Goal is a "Yes"

# Patient Satisfaction Management

- · Our Patients' Expectations
- Patient Opinion
- Complaints and Claims
- Conflict Resolution
- Word-of-Mouth
- Patient Satisfaction, Loyalty, and Retention

# Patient Retention

- Aftermarketing
- The Value of Patient Retention
- From Satisfied to Retained
- Promoter, Referrer, Advocate
- The Recall System
- Keys for Retaining Patients

Fachgebiet(e): Fachübergreifend, Praxismanagement, Zahnheilkunde allgemein