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Detection of Smooth Surface Lesions by QLF and Visual Inspection - An in vivo Comparison

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Objectives

 $\label{eq:constraint} \mbox{Evaluation of the detection of smooth surface lesions by the Quantitative Light-induced Fluorescence (QLF) method in comparison with visual inspection (VI)$





Fig. 1: Initial carious lesions on smooth surfaces clinical situation

Fig. 2: Initial carious lesions on smooth surfaces -QLF image

Material and Methods

- 34 fifteen-year-old adolescents were involved in the study.
- Visual examination of 918 buccal and 917 lingual surfaces with aid of compressed air and magnifying glass (3.5x) after professional tooth-cleaning.
- Capturing of fluorescence images of all smooth surfaces by a QLF\\clin.
- Images were stored and analysed with an Inspektor QLF 2.00 programmes.



Fig. 3:

Area of enamel lesions detected by QLF and $\ensuremath{\mathsf{VI}}$

- QLF images were analysed blind by two examiners, presence or absence of a lesion was not marked on the fluorescence images.
- Determination of fluorescence loss (DeltaF) and area (A) of the lesion (mm2) and DeltaQ (DeltaF x A).
- Surfaces scored as sound, filled or with frank lesions by both methods were excluded.
- Mann-Whitney U-test was used for statistical analysis; the confidence interval of 95% was chosen.

Results

1. Table 1 presents the findings of the caries status of 1835 smooth surfaces assessed in the 15-year-olds with a caries experience of 7.7+5.8 D3-4MFS.

Table 1: Caries status of smooth surfaces

	Sound	D ₁₋₂	$D_{3-4}F$	Total
Buccal	527	352	39	918
Lingual	745	137	35	917
Total	1272	489	74	1835

2. 17.8% of the buccal/lingual enamel lesions were detected by VI, 53.8% by VI/QLF and 28.4% by QLF, respectively. (Table 2).

Table 2: Diagnostic outcome of detection of smooth surfaces lesion by OLE and VI

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	Visual	Visual + QLF	QLF	Total
Bukkal	76	213 (61%)	63	352
Lingual	11	50 (37%)	76	137
Total	87 (17,8%)	263 (53,8%)	139 (28,4%)	489

3. The parameters A, delta-F and delta-Q between smooth surface lesions recorded by both VI/QLF, and QLF only were significantly different.



Fig. 4a:

Fluorescence loss of enamel lesions detected Fluorescence loss of enamel lesions detected by QLF and VI

Fig. 4b: by QLF and VI

4. QLF was able to detect smaller enamel lesions with smaller fluorescence loss than lesions recorded by VI/QLF together.

5. Lesion detection by QLF was limited in cases of partially erupted and plaque covered surfaces, and in patients with poor oral hygiene associated with reduced surface size caused by gingivitis (Table 3). Small focal depth on lingual surfaces was a further confounding factor.

Table 3: Only visual detected enamel lesions

Ν	%
20	23,0
14	16,1
9	10,3
44	50,6
87	100
	N 20 14 9 44 87



Fig. 5: Initial carious lesion detected by QLF.



Fig. 6: Plaque covered initial carious lesion.



Fig. 8: Baseline Alter 2 Month Reduction of Ggingivitis in follow of preventive intervention measures.

Alter 4 Month

Conclusions

QLF is a sensitive method for quantification of visual undetected incipient caries lesions. Confounding factors like gingivitis, plaque and the eruption stage of a tooth may obscure lesion detection and should be controlled.

This Poster was submitted by Prof. Dr. Roswitha Heinrich-Weltzien.

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