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The Patient in the Centre of our Efforts Contemporary strategies in oral soft tissue reconstruction

Dr Otto Zuhr

In modern dentistry, soft tissue reconstruction around teeth and implants is developing to meet increasingly complex challenges. Constantly increasing patient demands require more and more advanced concepts of soft tissue management. Establishing a healthy situation based on the achievement of healing by primary intention without scar formation is still the main goal of any surgical treatment in the oral cavity. While functional aspects are clearly the focus in the posterior area, a harmonic natural contour of the gingiva is paramount in the esthetic zone. Soft tissue corrections are therefore often inevitable to compensate for previous volumetric losses and to ensure accessibility for good patient oral hygiene. A precise planning of the initial incision, the preparation of surgical flaps and the final suturing technique are essential for a successful treatment outcome. Understanding the histologic composition of the palatal mucosa as the predetermined harvesting bed as well as understanding the biologic interactions around teeth and implants in the course of soft tissue autografting is in this context fundamental for contemporary soft tissue management and for meeting the high demands of patients. Important procedures from the surgical step-by-step methodology to the design of the final restoration will be discussed to offer practical support to dentists in their daily clinical practice.

- Understanding blood supply and wound stability as fundamental prerequisites for successful early wound healing outcomes.
- Understanding the significance of the selection of augmentation materials
- Understanding how to successfully apply widely accepted surgical strategies for different clinical indications

ABOUT THE AUTHOR

Dr Otto Zuhr

Dr Zuhr studied dentistry at the University of Aachen from 1986 to 1992.

In 1992 he received his DMD from the Department of Oral and Maxillofacial Surgery in Aachen. Several educational programmes led him to Switzerland, Scandinavia and the USA during the following years.



Dr Zuhr is a board-certified specialist in periodontology of the German Society of Periodontology (DGParo) and runs a private office, together with Marc Hürzeler, in Munich, Germany, dedicated to periodontology and implant dentistry.

With more than 25 years of clinical experience and teaching practice, Dr Zuhr has become a proven expert in his field well beyond Europe.

From 2007 to 2014, Dr Zuhr was a board member of the German Society of Periodontology (DGParo) and is presently an Associate Professor at the Department of Periodontology of the Johann-Wolfgang-Goethe University in Frankfurt/Main, Germany (Director: Prof Peter Eickholz).

Dr Zuhr has written several refereed scientific articles in the field of periodontology and implant dentistry. His book "Plastic Esthetic Periodontal and Implant Surgery" was published by Quintessence in 2012. His research activities are focused on oral soft tissue wound healing and oral soft tissue reconstruction.

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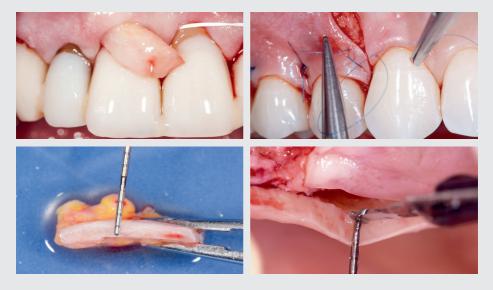
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