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# Is There Still A Need For Interceptive Orthodontics?

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**Authors:** Dr. Ulrike Grohmann, Prof. Dr. Dietmar Kubein-Meesenburg Department of Orthodontics, Georg-August-University, Göttingen, Germany

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#### **Abstract**

Interceptive treatment carried out with removable appliances at the correct time may save the patient from a more complicated treatment at later stage.

Early orthodontic treatment will not resolve all potential orthodontic problems or totally inhibit adverse skeletal growth patterns. However, by identifying problems at an early stage it is possible to redirect skeletal growth, improve the occlusal relationship, enhance the patient's esthetics and self-image and, perhaps of even greater importance, achieve results that are unattainable later with the eruption of the teeth and the cessation of growth.

#### Introduction

To reduce orthodontic treatment procedure in the late childhood it is sometimes necessary to treat dental malocclusions in early childhood. Therefore interceptive orthodontic treatment with removable appliances has proved its success in special indicated cases such as an unilateral buccal crossbite with displacement of the mandible, skeletal Class III relationship with anterior crossbite and the serial extraction therapy. We want to share our experiences and we present three representative cases of interceptive orthodontic treatment in early childhood.

## CASE 1

Diagnosis

7 year old girl with an anterior crossbite of the teeth 11/41, Class I malocclusion and a mild skeletal Class III pattern.

## Therapy

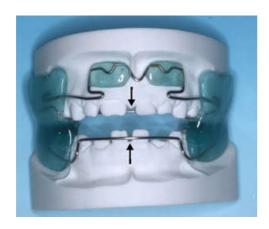
The patient was treated with a Fränkel III regulator. After 3 months the anterior crossbite was corrected. The appliance was used as a retainer for 18 months until all front teeth showed a correct overbite. The overjet and the overbite were successfully improved. No other retention was needed.



The lateral cephalometric film shows the anterior crossbite at the beginning of treatment

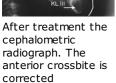


The anterior crossbite of the teeth 11/41



The Fränkel III regulator







After treatment the The overjet and overbite are regular

# CASE 2

## Diagnosis

5 ½ year old boy suffered of a laterognathia due to an unknown collum dysplasia of the right condyle with a shift of the mandible to the left, a midline discrepancy and a tilt occlussal plane to the left. The mobility of the mandible was normally.

#### Therapy

An avtivator was inserted for 12 months. A constructive bite was taken, bringing the jaw to the midline. The appliance was used to guide the eruption of the first molars while different growth at the condyles corrects the asymmetry. The occlusal plane was leveled and the mandibular displacement was improved. Additionly an appliance with posterior bite blocks for the vertikal dimension was inserted for further 6 months.



The Enface photo shows the to the right



The Enface photo shows the improved laterognathia laterognathia

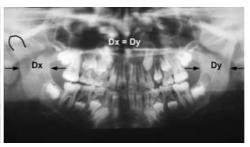


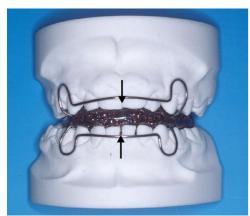


The X-Ray The X-Ray demonstrates demonstrates the the improved laterognathia laterognathia to the right



The orthopantomogramm shows the collum 
The orthopantomogramm after 3 years dysplasia at the right





The activator



The removable appliance with the posterior bite blocks



The lower central line is displaced to the right



The midlines of the arches coincide

# CASE 3

#### Diagnosis

5 ½ year old girl with an unilateral buccal crossbite with mandibular displacement to the left, a reduced width of the maxilla and a mild Class III pattern.

#### Therapy

We inserted a removable appliance with a midline screw and posterior bite blocks. The maxillary arch was expanded bilaterally for 2,5 mm. The mandible displacement was improved and the occlusion was stable after 5 months.

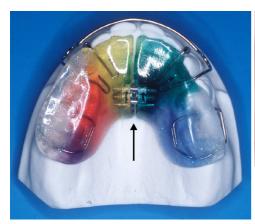
The bite blocks were removed. The appliance was used as a retainer for further 6 months.



The lateral displacement of the mandible



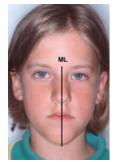
The unilateral crossbite left and the midline discrepancy



The removable appliance with an expansion screw and a lateral bite plane



Inraoral view of the maxillary expansion appliance



After expansion the lateral displacement is improved



After treatment the midlines of the arches coincide and the lateral crossbite is corrected

#### Conclusion

Early therapy by using removable appliances can reduce dental and skeletal malocclusions in the late childhood. Therefore we recommend the interceptive orthodontic therapy as a short and temporary limited intervention and we think that there is still a need for interceptive treatment.

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This Poster was submitted by Dr. Ulrike Grohmann.

## **Correspondence address:**

Dr. Ulrike Grohmann Georg-August-Universität Göttingen Zentrum Zahn-, Mund- und Kieferheilkunde Abteilung Kieferorthopädie Robert-Koch-Str. 40 37075 Göttingen Germany

